



## **OCTOBER 11, 2009 – 11<sup>TH</sup> ANNUAL B-CC CREW ERG-A-THON -- INFORMATION FOR ROWERS, COXSWAINS AND PARENTS**

1. **What is an Erg-a-thon?** An Erg-a-thon is a classic Crew Team fundraising event where team members row a specified distance on rowing machines (ergs) and ask contributors to sponsor them. Coxswains participate by coxing rowers while they are erging. This year, team members will erg the equivalent of rowing the course of the famous Head of the Charles Regatta – 4800 meters. (Spring races are 1,500 meters).
2. **What does A Wider Circle have to do with the B-CC Crew Ergathon?** We are very fortunate to have the benefit of attending B-CC HS and to have B-CC Crew as a sports option. There are many in our community who are not so fortunate. We as a team have a unique opportunity to share our good fortune with others and to demonstrate to the school and local community that every effort to help those around us lifts us all.
3. **What money goes to A Wider Circle?** They will receive their share after BCC Crew raises \$200.00 per team member. For example, if there are 60 team members doing Winter Training and the Spring Season, A Wider Circle will receive their share after the first \$12,000 is collected. The next \$3,000 will go completely to A Wider Circle. Additional funds beyond that will be shared between A Wider Circle and BCC Crew.
4. **Why is the team holding the Erg-a-thon?** To help raise funds to pay for equipment and other expenses so we can continue to compete at the top levels of U.S. high school rowing.
5. **Where and when is it?** Sunday October 11 from 11 – 4 at the intersection of Woodmont and Bethesda Ave. Look for our tent!
6. **What is my commitment?** Each team member must contribute at least \$200 in tax-deductible contributions. Raise more to help A Wider Circle. Some team members ask for donations from family, friends, neighbors. Others use the proceeds from yard work or babysitting jobs. Some parents have fund matching through their employer. Some team members compete to see who can raise the most.

Checks should be made payable to *B-CC Crew Boosters, Inc.* Bring the sponsorship forms and funds you collect to the Erg-a-thon. **Please don't put this fundraising effort off. Start now!**

7. **When do I row?** Sign up to row via an email to Paul Kratchman ([bcccrewergathon@yahoo.com](mailto:bcccrewergathon@yahoo.com)) for an hour time slot between 11 – 4 on October 11<sup>th</sup>. During this hour you will row and turn in your contributions. First come first served on choice of rowing times. Team captains will assign times if we don't hear from you. The schedule will be posted on the website.

8. **What do I wear?** Wear your uni and/or other clothing that identifies you as a member of BCC Crew.
9. **What if I don't have time to raise the money?** All team members are busy, but everyone is expected to participate and raise at least \$200. We depend on Erg-a-thon funds as a major part of our team budget.
10. **What if I'm not doing Fall Rowing? Why do I have to participate?** The funds raised in the Fall via the Ergathon and later selling wreaths pay for the operating expenses of the whole team. These expenses are year round. We don't have large scale fundraisers in the Spring that require support from the athletes because the Spring practice and race schedules are intense – but the bills are still there to pay.
11. **What if I can't row that day?** Go ahead and raise the minimum \$200 and send/give it to Paul Kratchman by October 10<sup>th</sup> or earlier.
12. **What should I say to a potential contributor?** Although we are a club sport, B-CC Crew is now the largest sports team at B-CC but does not receive money from the school or the county. Contributions will help us buy necessary equipment and cover key expenses and also will benefit A Wider Circle.
13. **What do I get out of it?** Hey, (a) you are part of a great team that is getting a lot of notice in school and from a community that is very proud of you; (b) you are helping build B-CC Crew into a powerhouse; (c) you are getting in shape; and (d) your teammates expect you to be there.
14. **How do parents help?** Sign up to for a one hour time slot between 11-4 to help out at the Erg-a-thon via an email to Paul Kratchman ([bcccrowergathon@yahoo.com](mailto:bcccrowergathon@yahoo.com)). We'll need help before and after the event, too, so please volunteer.
15. **What if it rains?** We row under a tent -- rain, snow, or shine!

**Get in shape! Raise the \$200! Be there Oct. 11. Help our Team build on its success!**