



STUDENT & PARENT/GUARDIAN B-CC CREW PARTICIPATION CONTACT

To ensure that all parents and team members understand their responsibilities and obligations to B-CC Crew, each parent/guardian and child must sign the *Student & Parent/Guardian B-CC Crew Participation Contract* prior to the commencement of any activities relating to B-CC Crew. In addition, students must follow *B-CC Crew Team Guidelines and Expectations*.

Code of Conduct for Athletes and Parents

Team members are representatives of Bethesda-Chevy Chase High School and B-CC Crew at all times, including on-water practices, at competitive events, on team trips, and at any other team event or function. Team members are expected to act responsibly, observe rules about student driving, respect property, and act in accordance with the directives of the coaches, chaperones and other persons of authority. Team members are expected to exhibit good sporting behavior and maintain a polite and respectful manner to all persons and in all situations. Inappropriate behavior or actions will be subject to disciplinary action by the coaches and may include dismissal from the team. The B-CC Head Coach, in consultation with the Board of Directors of B-CC Crew, has the ultimate authority over all questions of discipline arising out of infractions of this Code.

Parents are expected to show respect for team members, coaches, opposing team members and coaches, race officials, and other parents and spectators. Foul or abusive language is prohibited at all times. Parents should be familiar with the rules of the competition and are expected to respect the integrity and judgment of race officials at all times.

Coaches make boat and seat assignments based on power, technique and teamwork. Creating a line-up for a particular boat is a combination of many factors, not just the fastest erg times. Rowers will be moved from boat to boat and from seat to seat during practices leading up to a race as the coach determines the best fit. Decisions regarding line-ups for practices or races or the sport of rowing in general are made with a great deal of thought and always with the best interest of the entire team in mind. If a parent feels a need to communicate a concern regarding his or her child, a coaching decision or another rowing matter, the parent must contact the Men's Liaison or the Women's Liaison for the team. Individual conversations with coaches are inappropriate and distract the coaches from concentrating on their chief responsibility: creating a safe, competitive rowing program for all team members.

On race day, uninterrupted conversations between rowers/coxswains and their coaches are extremely important to the success of the team and athletes, and coaches need time to

focus on the races. Therefore, on race day, parents are not permitted to be in the general vicinity of the areas in which the coaches and team members are preparing for or returning from a race, working on boats, or having meetings. When the team is racing on the Potomac River, this means parents are not permitted near the boathouse. When the team is racing at other locations, parents are not permitted in the general vicinity of the boat trailer.

Drug, Alcohol and Tobacco Policy

Use of illegal drugs, alcohol or tobacco by a member of the B-CC Crew team is prohibited at all times, including but not limited to fall training, winter conditioning, pre-regatta on-water training, and the competitive season. This policy applies to team members even if they are temporarily excused from practices or regattas due to injury or other reason or are not scheduled to participate in any current or future regatta. There will be no exceptions to this rule.

If it is verified that a team member has used illegal drugs, alcohol or tobacco, the member will be removed from the team (without refund of dues or other expenses) and will be excluded from attending team events. Offenses involving the distribution or selling of illegal drugs, alcohol or tobacco may also be reported to school authorities for further disciplinary action. For purposes of this policy, the term “verified” means: self-admitted usage of illegal drugs, alcohol or tobacco by a student; witnessed student usage by a team coach, any B-CC staff member, or the police; parent or guardian admission of his or her child’s usage; or other evidence of usage found persuasive by the coaches.

Academic Eligibility Policy

Students must achieve a minimum 2.0 grade point average for the most recently completed marking period, with no more than one failing grade. Academic eligibility is determined on the date report cards are issued, and remains until the next report card is issued.

Students must attend all of their scheduled classes in order to participate in a practice or race on that day. If the principal or designee grants an excused absence in advance for a prescheduled activity, or an unforeseen emergency, the student may participate on that day.

A student may not participate in a practice or race when he/she is serving an in-school or out-of-school suspension. The student becomes eligible to participate in team activities on the next school day following the suspension.

A student may be suspended or removed from the team for excessive unexcused absences from or serious behavior infractions at school.

Safety Guide

Students and parents must read the BCC Crew Safety Guide on the bccrowing.net website and comply with all safety rules and procedures. Full compliance with all safety rules and procedures is a necessary part of the sport of rowing and is a condition for participation on B-CC Crew.

School Residency Policy

B-CC Crew requires that all team members attend Bethesda-Chevy Chase High School.

Fund-Raising Commitment

As a club sport, B-CC Crew receives no financial support from the school or the county school system. Thus, the responsibility to run a safe, well-supervised and competitive program for students rests with B-CC Crew Boosters. Each team member of each team family is expected to participate fully in the fund-raising events planned for the season, including but not limited to the Erg-A-Thon; the Holiday Wreath Sales; and the Car Washes. Parents of students who do not participate in each of the fund-raising events planned for the season, including but not limited to the Erg-A-Thon, the Holiday Wreath Sales and the Car Washes, will be asked to contribute an appropriate amount toward all team fund-raisers.

Volunteering Commitment

Volunteerism is the cornerstone of B-CC Crew's success. Without parents, competitive scholastic racing would not exist. A wide range of volunteer jobs are available throughout the season and every family's help is needed. Each team family must commit to at least three volunteer jobs throughout the season. In addition, each family is expected to contribute food to two racing events during the racing season.

Through their respective signatures, team members and each of their parents or guardians affirm that they have read this policy and the B-CC Crew Safety Guide, understand their terms, and agree to be bound by their provisions.

Team Member Name (Print): _____

Signature: _____ Date: _____

Parent/Guardian Name (Print): _____

Signature: _____ Date: _____

Parent/Guardian Name (Print): _____

Signature: _____ Date: _____

Student's Medical Insurance Provider: _____

Insurance Policy Number: _____